Committee Members
Rebecca Pike: Head of BeWell Committee
Ben Burckel: Junior in Mechanical, Social Media Head
Bryann Lynch: Work’s for Police Department
Alisha Gorog: Market Coordinator for Mines
Alisha Eskew: AMM President
Lauren Jensen: Outreach Coordinator
Debbie Wilber: Health Center
Shelley McRae: Therapist/Counselor in Counseling Center
Max Pisciotta: President of BSO, Vice President of OSTEM

Announcements
❖ We need a large donation to keep BeWell operating!

Old Business
❖ Walk through with Anthem went well, waiting on a response

Business
❖ Stress Less Week Dec. 3-7
  o Massages Tuesday 130-330
  o Mindful Monday
  o Moonlight Bfast Friday 830-1030pm
  o Restorative Yoga Wednesday
  o Bring your own jar Wed 12-1
  o Maybe – Dogs on lawn, table flipping, silent disco, stress less kits
❖ Wellness under BeWell
  o Would like to have students lean more on BeWell for small projects
❖ Next meetings
  o Nov. 28th from 11-12pm.

USG Involvement
❖ Are there any USG resources that would benefit your committee?
  o Take on stress less kits with funding from SAIL
❖ Exec/Senate?
  o Volunteer help!

Assignments
❖ Gage interest in Senate to see if we can get USG volunteers to help with stress less kits!